

Tip #6: Get crafty with the kids

The final few days of the summer holidays are upon us – so, it's time to make the most of it with some fun crafts for kids of all ages! A recent study by Dr. Richard Rende revealed that creative interaction between parents and young children through engaging activities like arts and crafts not only provides immediate and lasting cognitive benefits but also creates a unique bonding experience, which creates lifelong memories.

Nearly 90% of the parents surveyed for the study said that they would like to spend more time creating arts and crafts with their children, but they just didn't know where to start or how to find the time needed. So, we've whipped up this simple list of craft ideas that require little equipment and time allowing you to spend the time bonding with your children and getting creative together... it really is that simple!

Recycled Tin Can Windsocks are always a firm family favourite amongst craft makers: they're fun and vibrant and make a super addition to any outdoor space as they flow freely in the wind. Plus, they only require a recycled can, paint, glue, and ribbon!

<u>Tissue Paper Streamer Rainbows</u> are always a huge hit with kids of all ages! Easy enough for toddlers, but cute enough that the big kids always want to make them, too! With all the rain we've had this summer, these are the perfect accessory to brighten up your home!

Bird Seed Ornaments are a fun and easy kids craft that your feathered friends will also enjoy! With limited ingredients, these bird seed ornaments are perfect for getting children of all ages involved. To add some individuality use a variety baking trays to create different shapes. You could also plan a picnic (indoors or outdoors, depending on the weather!) to watch as birds creep up and enjoy your yummy treats!

<u>Tissue Paper Collage Birdhouses</u> are perfect for using up and recycling old milk and juice cartons and turning them into colourful birdhouses for your feathered friends! Using tissue paper and PVA glue, you can completely transform these household items into inviting homes for birds to enjoy this summer in your very own garden!

